



## *CPSP Program Overview/Steps to Take Trainings*

### **TRAINING DESCRIPTION**

#### ***CPSP Program Overview Training***

The training will address the program requirements for implementing a Comprehensive Perinatal Services Program (CPSP). The training will present an overview of CPSP and review the requirements for the client orientation, assessments and the individualized care plan. This training is for providers and staff new to CPSP and those who are interested in becoming CPSP providers. Billing will not be covered in this training; however billing resources will be available. **Participants will need to bring a copy of the Provider Handbook to the training or a copy can be purchased at the training.**

#### ***Steps to Take Training***

The training will provide skills and knowledge and resources to deliver CPSP support services, (Nutrition, Health Education and Psychosocial) using the Steps to Take guidelines. Highlights of this two day training will include how to:

- Identify and refer clients with social, emotional and financial needs,
- Promote behavior change and communicate more effectively with clients
- Guide clients to make healthy food choices, gain adequate weight and initiate successful breastfeeding.

This training is for staff that provides direct client support services and their supervisors. Billing will not be covered in this training however; billing resources will be available. The registration fee includes the cost of one *Steps to Take Guidelines Workbook*.

### **ACCOMMODATIONS**

A small block of overnight guest rooms has been set aside at each training hotel. To make a reservation please call the hotel and ask for the "CPSP Program Overview/Steps to Take training" room block. These rooms are reserved at the state government rate. In general the cut-off date for overnight guest rooms at the state government rate is 4 weeks prior to the training date.

### **CONTINUING EDUCATION HOURS (CEHs)**

Sacramento State, College of Continuing Education is approved by the California Board of Registered Nursing (BRN), Provider Number 9655, for 6 contact hours for the Overview Training and 12 contact hours for the Steps to Take Training. All nurses must provide their license number to receive BRN continuing education hours. Those who do not qualify for BRN continuing education hours may receive continuing education hours (CEHs). NOTE: BRN hours are direct hours, so 10 class hours equal 10 BRN hours. CEHs are one-tenth direct hours, 10 BRN hours equals one CEHs.

This course meets the qualifications for 6 hours for the Program Overview Training and 12 hours for the Steps to Take Training of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences.

**Payment for these hours is \$55. Separate payment for CEH's is required.**



## TRAINING DATES, LOCATIONS & PARKING INFORMATION

The fee for each training includes a continental breakfast, lunch, afternoon refreshments and training materials for one person. **Registration is from 8:00 am – 9:00 am.**

**Training hours are 9:00 am – 4:30 pm.**

### September 24 – 26, 2007: Fresno

#### *Piccadilly Inn - Shaw*

2305 West Shaw Avenue • Fresno, CA 93711

(559) 226-3850 • (559) 226-2860 FAX

Hotel Parking Fee: Complimentary

#### **Training Registration Cut-off: September 17, 2007**

#### **September 24, 2007: CPSP Program Overview Training**

Registration Fee: \$50

Overview Handbook: \$22

#### **September 25 – 26, 2007: Steps to Take Training**

Registration Fee: \$90

### October 22 – 24, 2007: Concord

#### *Hilton Concord*

1970 Diamond Boulevard • Concord, CA 94520

(925) 827-2000 • (925) 827-2113 FAX

Hotel Parking Fee: Complimentary

#### **Training Registration Cut-off: October 15, 2007**

#### **October 22, 2007: CPSP Program Overview Training**

Registration Fee: \$50

Overview Handbook: \$22

#### **October 23 – 24, 2007: Steps to Take Training**

Registration Fee: \$90

### November 5 – 7, 2007: San Diego

#### *Hilton San Diego Mission Valley*

901 Camino del Rio South • San Diego, CA 92108

(619) 543-9000 • (619) 543-9358 FAX

Hotel Parking Fee: \$14 per car

#### **Training Registration Cut-off: October 29, 2007**

#### **November 5, 2007: CPSP Program Overview Training**

Registration Fee: \$50

Overview Handbook: \$22

#### **November 6 – 7, 2007: Steps to Take Training**

Registration Fee: \$90

## REGISTRATION INFORMATION

For more information please call the Training hotline at (800) 858-7743 or (916) 278-4433. **NOTE:** If your county is sending the check, please follow up to insure that the check arrives before the date of the training or be prepared to pay at the door.

### **Mail Payment and Registration Form to:**

CPSP Program Overview/Steps to Take Trainings

c/o CSUS CCE Conference & Training Services

3000 State University Drive East

Sacramento, CA 95819-6103

(916) 278-4865 FAX

**Register Online at:** [www.cce.csus.edu/conferences](http://www.cce.csus.edu/conferences)

## CANCELLATION POLICY

Cancellations received in writing by the registration cut-off date, are subject to a \$25 fee. After that date, substitutions will be accepted; refunds will not be provided. No-shows will be billed the full registration fee.

# CPSP Program Overview/Steps to Take Trainings



## REGISTRATION FORM

Please print clearly!

Name: \_\_\_\_\_

Title: \_\_\_\_\_ Organization: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

Special Needs - Dietary/Disability: \_\_\_\_\_

### TRAINING DATES & LOCATIONS:

Please indicate the location you will be attending. Register for one or both training programs.

- SEPTEMBER 24 – 26, 2007: FRESNO**
  - SEPTEMBER 24, 2007: CPSP Program Overview Training** Registration fee: **\$50**
    - Overview Handbook: **\$22**
  - SEPTEMBER 25 – 26, 2007: Steps to Take Training** Registration fee: **\$90**
- OCTOBER 22 – 24, 2007: CONCORD**
  - OCTOBER 22, 2007: CPSP Program Overview Training** Registration fee: **\$50**
    - Overview Handbook: **\$22**
  - OCTOBER 23 – 24, 2007: Steps to Take Training** Registration fee: **\$90**
- NOVEMBER 5 – 7, 2007: SAN DIEGO**
  - NOVEMBER 5, 2007: CPSP Program Overview Training** Registration fee: **\$50**
    - Overview Handbook: **\$22**
  - NOVEMBER 6 – 7, 2007: Steps to Take Training** Registration fee: **\$90**

### CONTINUING EDUCATION HOURS (CEHs):

Payment must be made separately for CEHs.

- I would like to sign up for CEHs. (**\$55**)
  - BRN     LCSW/MFT     CHES

License No.: \_\_\_\_\_

**NOTE: CEHs will not be honored without license number.**

### PAYMENT METHOD:

NOTICE: This is a binding payment agreement, which reserves enrollment space in the CPSP Provider/Steps to Take Trainings for the person listed. Upon receipt of this form, CSUS will consider the person formally enrolled in the conference. The signer may be liable for any costs incurred for collection of fees. (Please initial) \_\_\_\_\_

- Check Enclosed (payable to CSUS/CPSP Training) Amount: \_\_\_\_\_ Check No.: \_\_\_\_\_
- Charge my registration fee of \$ \_\_\_\_\_ to:
  - Visa     MasterCard     Discover
 (Note: American Express not accepted. Charge on credit card will appear as "CSUS")  
 Card No.: \_\_\_\_\_  
 Exp. Date: \_\_\_\_\_ Signature: \_\_\_\_\_
- Purchase Order (attach a copy) No.: \_\_\_\_\_ Amount: \_\_\_\_\_

### CANCELLATION POLICY:

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**Register Online At:** [www.cce.csus.edu/conferences](http://www.cce.csus.edu/conferences)  
**Registration Questions:** (800) 858-7743 • (916) 278-4433  
**Mail Payment and Registration Form To:** CPSP Program Overview/Steps to Take Trainings



**Fax Form To:**

c/o Sacramento State  
 CCE Conference & Training Services  
 3000 State University Drive East  
 Sacramento, CA 95819-6103  
 (916) 278-4865

## *CPSP Program Overview/Steps to Take Trainings*



### **TRAINING DATES & LOCATIONS**

#### **Fresno, CA • Piccadilly Inn – Shaw**

**September 24, 2007: CPSP Program Overview Training**

**September 25 – 26, 2007: Steps to Take Training**

#### **Concord, CA • Hilton Concord**

**October 22, 2007: CPSP Program Overview Training**

**October 23 – 24, 2007: Steps to Take Training**

#### **San Diego, CA • Hilton San Diego Mission Valley**

**November 5, 2007 : CPSP Program Overview Training**

**November 6 – 7, 2007: Steps to Take Training**

## **REGISTER EARLY!**

**CPSP Program Overview/Steps to Take Trainings**  
c/o Sacramento State  
CCE Conference and Training Services  
6000 J Street  
Sacramento, CA 95819-6103  
92900781

